

2nd Edition

# STAGE 1

2nd Edition

# INTERNATIONAL PADEL COACH COURSE



12th - 16th March 2024  
Sportcity, Valencia, Spain

**2nd Edition** of the Stage 1 International Padel Coach  
Same contents as the padel specific section of Spain's Level 1 Course

[Book your place here](#)  
[Limited places](#)

Recruitment partner



Valencian Padel Federation



Commercial partner



# STAGE 1 INTERNATIONAL PADEL COACH COURSE

2nd edition, 12th - 16th March 2024

## COURSE STRUCTURE

12th- 16th Mar.  
2024, Valencia

### 1- Basic fundamental concepts

- Game regulations
- Technical regulations
- Game frames

Initial previous stage:

Online 10-hour training and examination

online  
remote

### 2- Technical and tactical improvement for beginners

- The padel lesson
- Basic technical models for the initiation
- Tactics

30 hours on-site:

- On-class + on-court training
- On-court + online examination
  - Tactics (online)
  - Pedagogical practices (on-court)
  - Level of play test (on-court)

on-site  
Valencia

### 3- Didactics for padel lessons

- Adjustments to the various types of sessions
- Methodological resources

17 hours on-site:

- On-class + on-court training
- On-court + online examination
  - Didactics (online)
  - Pedagogical practices (on-court)
  - Ball feeding (on-court)

on-site  
Valencia

### 4- Professional development

- Management of basic elements (Nortrick)
- Organization of sporting events

Online 5-hour training and examination

on-site  
Valencia

### 5- Specific complementary training

- Psychology
- Injury prevention
- Conditional physical capacities

10-hour on-site training & online examination

on-site  
Valencia

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## EXTRA PERKS, PRICE, BOOKING & CERTIFICATION

### INTERNATIONAL JOB OPPORTUNITIES

All registered students will enter the job board of Padel Federation of Community of Valencia managed by Padel Recruits.

- Free career management consultancy services
- On-site or online job interviews for current international openings
- Free registration at [www.padelrecruits.com](http://www.padelrecruits.com)

### PRICING

STAGE 1 International Padel coach course by  
Padel Federation of Community of Valencia

Online training

On-court and on-class training

Examinations and assessments

Total number of on-site days: 5

**995,00€**

Payment in 2 installments  
250€ upon registration  
745€ 15d prior to the start

### BOOKING

Book your place here:

Upon registration, you will receive recommendations for suitability and the full timetable

Please be aware that **places are limited**

For more info please write to: [fpcv@padelrecruits.com](mailto:fpcv@padelrecruits.com)

### UNOFFICIAL CERTIFICATION

All students who pass successfully the course and examination will be awarded an FPCV Stage 1 International Padel Coach Certification. Our course has the same contents as the specific padel Section of Spain's "Curso de Monitor de Padel Nivel 1" the World's most prestigious padel coach course.

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## VENUE, ACCOMMODATION & TRAVEL TIPS

Venue:

Sportcity Valencia

The third largest padel club in the world with 30 courts

[Visit website](#) - [Google Map](#)

Gym, Restaurant, Crossfit box, Football pitch



Recommended hotel:

Hotel Albufera 4\*

*Hotel Albufera*

★★★★

[Visit the hotel's website](#) - [Google Map](#)

Swimming pool, padel court, sauna, gym, free parking

Prices per night (breakfast included):

- Double individual use: 103,00€
- Double 2 pax: 112,00€
- Room for 3 pax: 137,00€ (4 pax optional)



Contact email:

comercial@hotelalbufera.com

Ref: Padel Trainers Course

Arriving in Valencia:

- By plane to Valencia Airport (VLC) and from there take a train (1 hour), an Uber or taxi (14 min) to the hotel
- By plane to Madrid Airport and then a train to Valencia (2 hours), and from Valencia Joaquín Sorolla train station you can take another train (38min) or an Uber or taxi (14 min) to the hotel

Moving around in Valencia:

- Walking from the hotel to the club only takes 15 minutes
- The best option to get to the city center or to the beach is by Uber or taxi
- You can also rent a bike
- Do not forget to bring with you your refillable water bottle, hat and sunscreen for we expect a lot of sun and 30° max